

Cosmetology



The Cosmetology training program is designed to meet the entry-level need of any business that employs cosmetologists, estheticians, and/or nail technicians.

Expectations & Requirements

While on the job, you will be expected to display the following traits at all times:

- Punctuality and dependability
- Attention to detail and accuracy
- Cooperation
- Ability to actively listen
- Capacity to communicate effectively
- Self-control

LEARNING OBJECTIVES

- Keep work stations clean and sanitize tools, such as scissors and combs.
- Bleach, dye, or tint hair, using applicator or brush.
- Cut, trim and shape hair or hairpieces, based on customer instructions, hair type and facial features, using clippers, scissors, trimmers and razors.
- Schedule client appointments.
- Update and maintain customer information records, such as beauty services provided.
- Demonstrate and sell hair care products and cosmetics.
- Analyze customer hair and other physical features to determine and recommend beauty treatment or suggest hair styles.
- Shampoo, rinse, condition, and dry hair and scalp or hairpieces with water, liquid soap, or other solutions.
- Operate cash register to receive payments from customers.
- Order, display, and maintain supplies.
- Comb, brush, and spray hair or wigs to set style.
- Develop new styles and techniques.
- Apply water, setting, straightening or waving solutions to hair and use curlers, rollers, hot combs, and/or curling irons to press and curl hair.
- Shape eyebrows and remove facial hair, using depilatory cream, tweezers, electrolysis, or wax.
- Shave, trim, and shape beards and moustaches.
- Train and/or supervise other hairstylists, hairdressers, and/or assistants.
- Massage and treat scalp for hygienic and remedial purposes, using hands, fingers, or vibrating equipment.
- Administer therapeutic medication and advise customer to seek medical treatment for chronic or contagious scalp conditions.
- Recommend and explain the use of cosmetics, lotions, and/or creams to soften and lubricate skin and enhance and restore natural appearance.
- Clean, shape, and polish fingernails and toenails, using files and nail polish.
- Apply artificial fingernails.
- Provide facials for customers, using special compounds such as lotions and creams.

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Minimum Entrance Requirements

Students wishing to enter the Cosmetology training program must have a high school diploma or the equivalent. Students must have a minimum academic grade level of 12th grade in reading as well as basic math skills. Students should also be able to walk, stand, stoop, squat, and bend for moderate to prolonged periods of time. They should also be able to tolerate allergens, noise, and chemicals.

Course Duration and Sequence

Students wishing to enter the Cosmetology training program should expect to spend a minimum of 15 months or 1500 hours in training. Students will also be required to pass the Kentucky State Board of Cosmetology Apprentice Exam.

Please note that with the addition of ancillary services as well as individual pace, student completion timelines will vary.

Career Options

Upon completion of the Cosmetology training program, students will be ready obtain entry-level employment in one of the following areas: Cosmetologist, Esthetician, and/or Nail Technician.

- **Cosmetologist:** Cleans work stations and sanitizes tools; bleaches, dyes, or tints hair; cuts, trims, and shapes hair or hairpieces; schedules client appointments; updates and maintains customer information records; demonstrates and sells hair care products and cosmetics; analyzes customer hair and other physical features to determine and recommend beauty treatment or suggest hairstyles; shampoos, rinses, conditions, and dries hair and scalp or hairpieces; operates cash register to receive customer payments; orders, displays, and maintains supplies; combs, brushes, and sprays hair or wigs to set style; develops new styles and techniques; applies water, setting, straightening, or waving solutions to hair and uses curlers, rollers, hot combs, and/or curling irons to press and curl hair; shapes eyebrows and removes facial hair; shaves, trims, and shapes facial hair; trains and/or supervises other hairstylists, hairdressers, and/or assistants; massages and treats scalp for hygienic and remedial purposes; administers therapeutic medication and advises customer to seek medical treatment for chronic or contagious scalp conditions; and other tasks as required.
- **Esthetician:** Sterilizes equipment and cleans work areas; examines client skin, using magnifying lamps or visors when necessary, to evaluate skin condition and appearance; cleanses client skin with water, creams, and/or lotions; demonstrates how to clean and care for skin properly and recommends skincare regimens; selects and applies cosmetic products; performs simple extractions to remove blackheads; stays abreast of latest industry trends, products, research, and/or treatments; determines which products will improve client skin quality and appearance; treats facial skin to maintain and improve appearance, using specialized techniques and products, such as peels and masks; refers client to medical personnel for treatment of serious skin problems; removes body and facial hair by applying wax; provides facial and body massages; keeps records of client needs, preferences, and/or services; applies chemical peels to reduce fine lines and age spots; advises client about colors and types of makeup and instructs him/her in makeup application techniques; and other tasks as required.
- **Nail Technician:** Cleans and sanitizes tools and work environment; applies undercoat and polish to nails; maintains supply inventories and client service records; shapes and smooths ends of nails, using scissors, files, and/or emery boards; prepares nail cuticles with water and oil; uses cuticle knives to push back cuticles and scissors/nippers to trim cuticles; prepares customer nails in soapy water, using swabs, files, and/or orange sticks; removes previously applied nail polish; uses rotary abrasive wheels to roughen, shape, and/or smooth nails or artificial extensions; schedules client appointments and accepts payment; assesses the condition of client hands, removes dead skin, and massages hands; advises client on nail care and product use; treats nails to repair or improve strength and resilience; extends nails using powder, solvent, and paper forms to support and shape artificial nails; polishes nails, using powdered polish and buffer; whitens underside of nails with white paste or pencils; promotes and sells nail care products; decorates client nails by piercing or attaching ornaments/designs; and other tasks as required.

All students enrolled in the Cosmetology training program will have the opportunity to obtain a Kentucky State Board of Cosmetology License.

Upon completing the Cosmetology training program, students may go on to work in a multitude of places including, but not limited to hair and nail salons, barbershops, spas, etc.

